

SUGGESTED INTRODUCTION FOR DR. EVE MECEDA

Our speaker today is Dr. Eve Meceda, who is the founder and president of Lion's Leap Coaching. For more than a decade she has worked with the senior leaders of many of the world's leading organizations on issues related to leadership, people management, motivation, performance and communication.

As both a psychologist and business executive, she brings unique insight to some of the most critical – and most difficult – challenges that we face today. A veteran of more than 1,000 speaking engagements to hundreds of organizations from Australia to Norway, she has pretty much seen and heard it all – and can help us understand what works and what doesn't, and how to apply it to our own specific challenges.

In her free time, Dr. Meceda is also a “slow but persistent” marathon runner who often draws upon her “painful yet character-building” running experience when working with clients, reminding us that so often when it comes to life and to leadership: “It's a marathon, not a sprint.”

Please join me in welcoming Dr. Eve Meceda!